Notes from the Counselors:

Hello parent(s)/guardian(s)!

We had a lot of fun celebrating National School Counseling Week 2016 with our students. We had a scavenger hunt, College Bingo game, and many more fun activities that the students were able to participate in during lunch.

We asked the students to write their “hopes” and “dreams” on whiteboards which are featured in this newsletter for your viewing pleasure. Make sure to zoom in!

In between Smarter Balance test preparation, the counselors have started doing classroom presentations on “Emotions” and will continue their “Brain” lesson plans as well.

Stay tuned for a “Coffee with the Counselors” evening special later this spring. We love talking to parents/guardians and look forward to chatting with you all again soon.

~The Counselors

All of our HOPES and DREAMS are within reach, if only we believe.

Important Dates:

March 4  8th grade Dinner Night 6-9pm
March 11  Sports Night & Rally
March 14  Math Festival
March 18  Tri-School Soccer Game 4pm
March 25-4/1  Spring Break!

5th Grade Visits

~ Parents/Guardians with little ones on the way… we will be inviting our future 6th graders over to visit and tour Westborough:

Tuesday, March 22, 2016

~ Later that evening, from 6-7pm, is our Parent/Guardian Night. We will host families in the M.U.R. at Westborough.
SAVE THE DATE!
TRI-SCHOOL SOCCER GAME
Friday, March 18
4 - 6pm
@ El Camino High School
Come out and support Westborough students as they take on Alta Loma and Parkway for the Tri-School Soccer Championship title ($1 admission).

CSU Sacramento (Sac State)
Location: Sacramento, CA (urban setting)
Established: 1947
School Colors: Green & Gold
Mascot: Herky the Hornet
Sports: 8 men’s/11 women’s NCAA Div. 1
Campus Size: 27,641 undergrads (large)
Popular Majors: Nursing, Criminal Justice, Psychology, Biological Sciences, Accounting
Motto: "Redefine the Possible, Do the Unexpected"

Whatever you can do or dream you can, begin it! Boldness has genius, power and magic in it! - Johann Wolfgang von Goethe

Counselor Tool Box

How to Prepare for Smarter Balanced Assessment Consortium (SBAC):
Starting after Spring Break, all Westborough students will be participating in annual State Testing. Here are some tips to get your student ready using your home computer: Take a Practice Test!

1. Log on to this website: http://www.caaspp.org/practice-and-training/index.html
2. Click the Student Interface Practice and Training Tests button.
3. Don’t uncheck the boxes, just press Sign In.
4. Select a grade from the drop menu (highlighted blue) and click “YES”.
5. Select one of the tests.
6. Ignore the “Choose Settings” option. Skip down to bottom and press Select.
7. On “Is This Your Test?” skip to bottom and click on “Yes, Start My Test”.
8. Click on Sound Icon and if it works, select “YES” to begin.
9. Read “Test Instructions” carefully and click on “Begin Test Now”.
10. Navigation tools are on the top left of your browser.
   Good luck!!!